



**Basic Needs Met by Work**

- |                          |         |
|--------------------------|---------|
| 1. Meaningful pursuits   | 5. .... |
| 2. Daily routine         | 6. .... |
| 3. Identity and status   | 7. .... |
| 4. Belonging / community | 8. .... |

Areas of business that I might like to create or pursue for WORK:

1. ....
2. ....
3. ....
4. ....
5. ....
6. ....

Volunteer opportunities I want to get involved in or find out more about:

1. ....
2. ....
3. ....
4. ....
5. ....
6. ....