



Circle your needs from the list below, adding any not listed.

Indicate degree of importance of each need (**H**igh, **M**edium, **L**ow).

Need	HML	Need	HML	Need	HML
Connection		Order		Personal Growth	
Appreciation		Physical Well-Being		Social Engagement	
Community		Challenge		Routine	
Love		Contribution		Understanding	
Respect		Creative Expression		Play / Fun	
Security		Intellectual Stimulation		Competition	
Nurturing		Continuous Learning		Structure	
Honesty		Purpose		Variety	
Adventure		Independence		Intimacy	
Inspiration		Solitude		Meaning	